

5. The method according to Claim 1 in which the first and second continuous layers of silicone gel have a thickness in the range of about 0.2 to 5 mm.

6. The method according to Claim 1 in which the first and second continuous layers of silicone gel are covered by release liners.

7. The method according to Claim 1 in which the first substrate is a prosthesis and the second substrate is a human or an animal body.

8. A substrate having an adhesive device for adhering it to a second substrate comprising:

a substrate having a surface to be adhered to a second substrate; and

on the surface of the substrate to be adhered to the second substrate, an adhesive device comprising:

a carrier sheet, said carrier sheet having at least two surfaces;

on one surface of the carrier sheet is a first, continuous layer of a silicone gel having a density in the range of about 100 to 4500 g/m²; said gel having sufficient tack to adhere to the substrate; and

on a second surface of the carrier sheet is a second continuous layer of a silicone gel having a density in the range of about 100 to 4500 g/m², said gel having sufficient tack to adhere to the second substrate,

wherein the first continuous layer of silicone gel of the adhesive device is adhered to the surface of the substrate to be adhered to a second substrate.

9. The substrate according to Claim 8 wherein the substrate is a prosthesis and the second substrate is a human or animal body.

10. A method for adhering a prosthesis to a human or an animal body comprising:

positioning an adhesive device between the prosthesis and the human or animal body; and

compressing the adhesive device between the prosthesis and the human or animal body, wherein the adhesive device comprises:

a carrier sheet, said carrier sheet having at least two surfaces;

on one surface of the carrier sheet is a first, continuous layer of a silicone gel having a density in the range of about 100 to 4500 g/m²; said gel having sufficient tack to adhere to the prosthesis; and

on a second surface of the carrier sheet is a second continuous layer of a silicone gel having a density in the range of about 100 to 4500 g/m², said gel having sufficient tack to adhere to the human or animal body.

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